

## Session #2

By Marie Duncan



Our first three blocks that we will do today are random lines, with gentle curves. Some techniques will curve nicer than others. For example, ribbon doesn't go around a curve very well. Rick rack and yarn will curve nicely!

**IMPORTANT:** If you are sewing on the HUSQVARNA® VIKING® DESIGNER EPIC™ or EPIC™ 2 you need to be sure to bring your stitch width from 9mm to 7mm with the feet we will be using today. Otherwise you will break a needle!

Our first block will be done with the 7-hole Cord foot. Size 5 perle cotton works wonderfully with this foot.

Our second block uses the Braiding foot. We will use some baby rick rack and 1/8" ribbon.

Our third block uses the Narrow Braid/Cord Foot. This is a fun foot in that you can do curves and corners!

### Supplies:

- INSPIRA® Tear Away Light Stabilizer 620112796
- Aqua Magic Water Soluble Stabilizer 620114296
- 7-Hole Cord Foot w/Threader 412989945
- OR 11 Hole Cord Foot for IDF System 920621096
- Braiding Foot 412989845
- Narrow Braid/Cord Foot 411850945
- Assorted colors of size 5 perle cotton
- Baby rick rack
- 1/8" wide ribbon (two colors)
- Robison-Anton rayon embroidery thread
- Bobbin thread

### Cut:

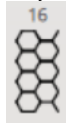
Begin by cutting **two squares 9" x 9"** (The blocks will be cut down to a finished 7¼" after the embellishment is finished) from **EACH** of the **ten to twelve tone on tone** fabrics (NOT the black and white ones). This gives you approximately 24 squares to choose from, for the texture center squares in the blocks. You will be using 21 of them but by cutting extras you have a choice as you choose the colors. The extras will be cut into strips and can be used in the applique block.

## Prep:

Spray starch your fabric squares. It gives them nice body.

## Square I- 7-Hole Cord Foot/11 Hole Cord Foot for IDF System:

1. Select one of your 9" x 9" fabric squares.



2. Select C16. If you are using the 7mm foot on the HUSQVARNA® VIKING® DESIGNER EPIC™ 2, adjust the stitch width to 7.0. This foot is a 7mm foot, so you WILL break a needle if you leave the stitch width at 9.0! The 11 Hole Cord Foot will be fine at 9mm



3. Thread with Robison-Anton rayon thread on top and bobbin thread in the bobbin.

4. Cut seven or eleven 2 yard lengths of size 5 perle cotton.

5. Using the threader provided, thread the perle cotton through the holes in the foot. When you are done, tie a knot in the end of the threads so that they don't come out when you aren't looking!



6. Place INSPIRA® Tear Away Light Stabilizer underneath the fabric.

7. Stitch rows of stitching, meandering about in gentle curves as shown. The perle cotton will lay nicely in the curved stitching.

8. Next, re-thread the foot with a second color.

9. Thread with a contrasting color of Robison-Anton rayon embroidery thread.



10. Select D33



11. Stitch random rows filling in between the previous ones.

12. Tear off the excess stabilizer.

### Square 2- Braiding Foot:

1. Select one of your 9" x 9" fabric squares.



2. Select B6.

3. Adjust the stitch length to 4.0 and the width to 4.5.



4. Thread with a different color of Robison-Anton rayon thread on top and bobbin thread in the bobbin.

5. Place INSPIRA® Tear Away Light Stabilizer underneath the fabric.

6. Thread the ribbon through the foot, so that it lays flat in the groove in the bottom of the foot as shown.



7. Stitch random lines as you did with your first block. Any curves need to be very gentle as ribbon really doesn't like to curve!



8. Repeat with a second color of ribbon using C12. Adjust the width to 5.0.

9. Thread with a different color of Robison-Anton rayon thread on top and bobbin thread in the bobbin.



10. Finish your block with baby rick rack.

11. Select Stitch A9. Adjust the stitch width to 5.0 and length to 4.0.

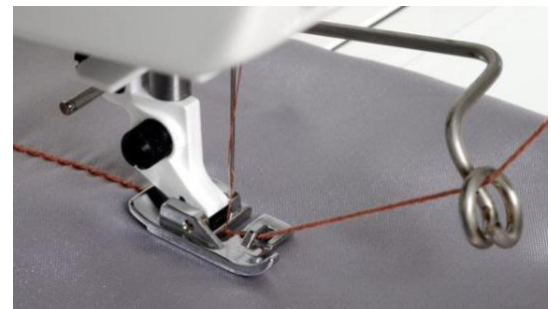
12. Stitch rows of rick rack.

13. Tear off the excess stabilizer.

### Square 3- Narrow Braid/Cord Foot:

This is a fun foot to sew with because it allows you to sew tight curves, and even turn sharp corners! Meander about and just have fun!

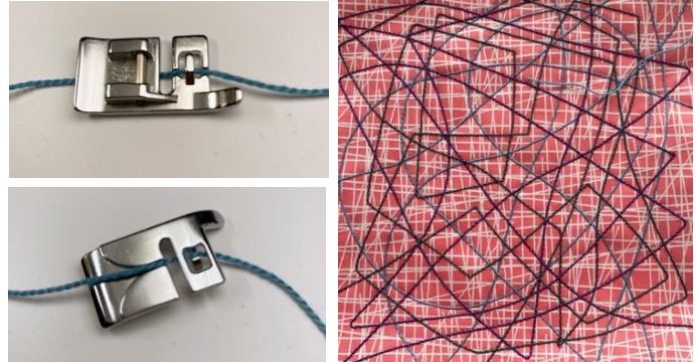
1. Select one of your 9" x 9" fabric squares.



2. Thread with Robison-Anton rayon on top and bobbin thread in the bobbin. I didn't change thread when I changed cord because the thread really doesn't show much with this technique.



3. Select a zig zag stitch A9. Adjust the width to 2 and the length to 3.
4. Place INSPIRA® Tear Away Light Stabilizer underneath the fabric.
5. The Narrow Braid/Cord foot has a guide that attaches and keeps your cord feeding accurately. You need to be sure the cord is feeding freely as you sew. The cord threads through the guide on the front of the foot, then underneath the foot into the groove on the bottom of the foot.
6. Fill your square with stitching!
7. Tear off the excess stabilizer.



Set aside your blocks. We will trim and finish them later.