# creative performance 950



### **In-the-Hoop Quilt Instructions**

Size 80x47" (120x180 cm)

#### Intermediate



The quilt blocks are stitched out in the hoop, assembled into rows and then put together in sections with the backing fabric in an easy way. The blocks can be used in a variety of projects like pillows, table runners, bags and more.

#### Material Needed

- White fabric For instance, an old linen tablecloth will work.
- Black fabric pieces This is a good way to use up all those scraps. Don't be
  afraid of using stretch, glitter or all kinds of unusual fabric. Since you make
  the quilt in the hoop, the patches will be secured in the hoop.
- Colored fabric pieces in green, purple, brown and blue.
- Matching embroidery threads.
- Embroidery files for the blocks
  - o In-the-Hoop Quilt Diagonal Patchwork Block 1
  - o In-the-Hoop Quilt Square Block 2

- o In-the-Hoop Quilt Diagonal Accent Embroidered Block 3
- o In-the-Hoop Quilt Diagonal Embroidered Block 4

## How to make the Quilt:

### Making the blocks

There are four different blocks in this quilt:



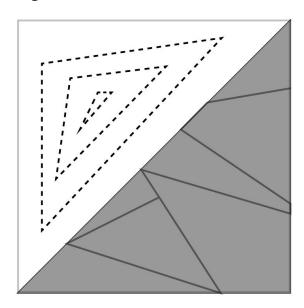






# Half-square triangle blocks:

These blocks are made with small pieces of fabric on the dark side of the block and one large white triangle on the other side. The pieces don't need to be precut to size. Just make sure they are big enough when folded out and sewn in place. Then, cut off excess fabric, leaving about ¼" (6 mm) outside the edge except at the outer edges, where at least 3/8" (1 cm) is needed for seam allowance.

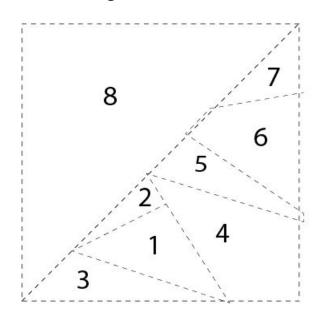


#### Make 54

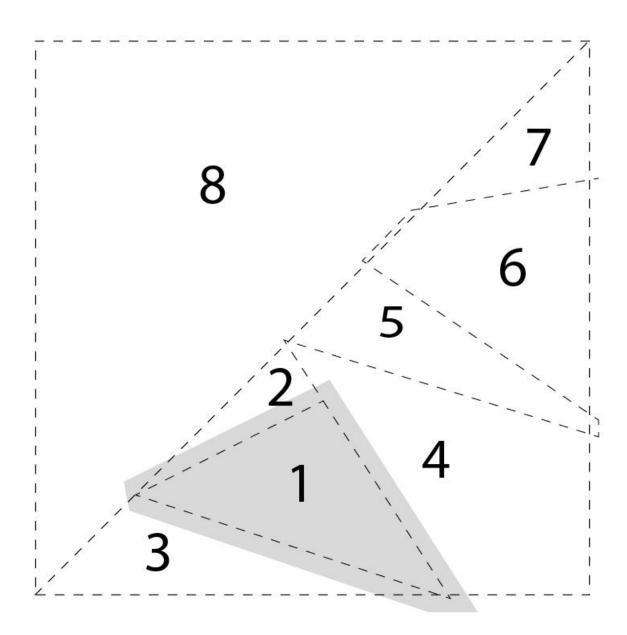
- 1. Hoop soft cutaway stabilizer or use some old fabric like an old bedsheet.
- 2. Stitch out color 1. This will make an outline for placing the batting.



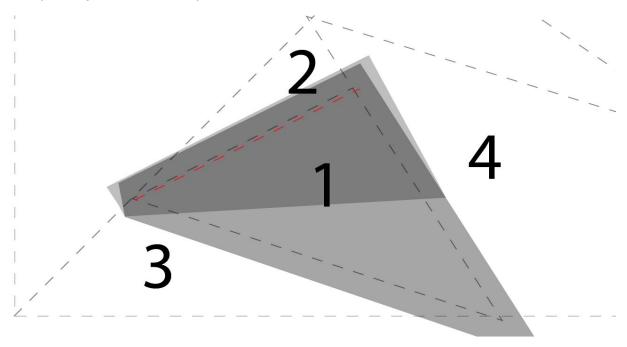
3. Place the batting in the hoop. Make sure it extends outside the stitching line on all sides. Stitch out color 2. This will secure the batting in the hoop and stitch guidelines for fabric placement. The numbers in the image below indicate in which order the patches will be added later. Cut away excess batting around the stitch line.



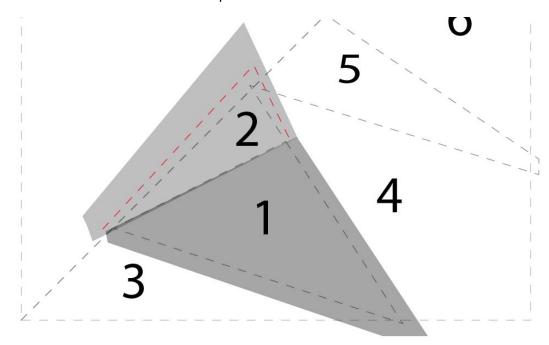
4. Place the first fabric piece on top of the outline for piece 1, right side up. Make sure it extends outside the stitched area on all sides. Stitch out the next color (3). This will secure the fabric piece in place. Cut off excess fabric, leaving about ¼" (6 mm).



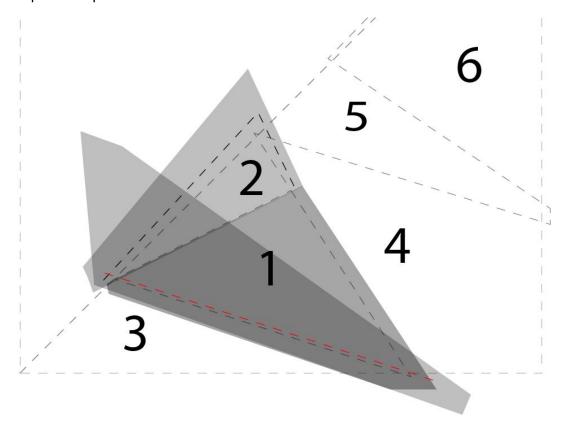
5. Place one fabric piece between numbers 1 and 2. The right side should be down. Stitch out the next color (4). This will sew the background piece in place, just inside the previous stitch line.



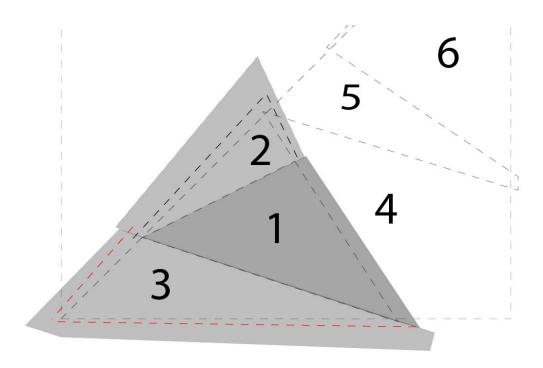
6. Fold out the fabric piece, and stitch out the next color (5). This will secure it in the hoop.



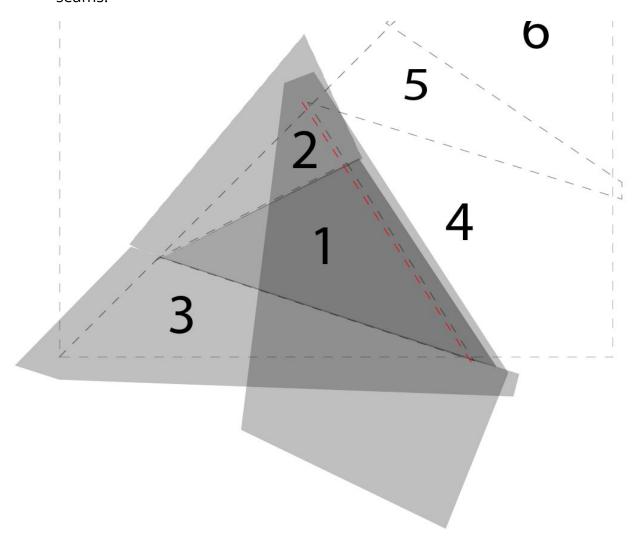
7. Place one fabric piece between numbers 1 and 3, right side down. Make sure it overlaps the seam about  $\frac{1}{4}$ " (6 mm). Stitch out the next color. This will sew the piece in place.



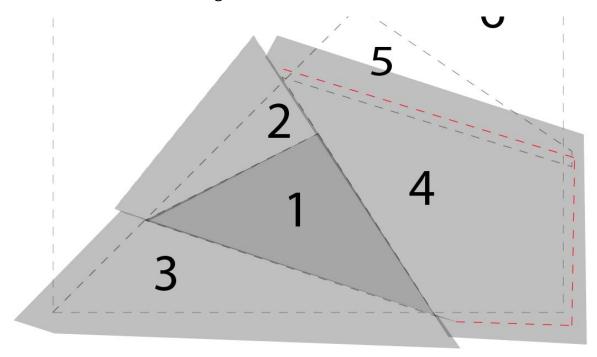
8. Fold the piece down, and stitch out the next color – this will secure the patch. Cut away excess fabric but leave at least 3/8" (1 cm) seam allowance at the outer edge.



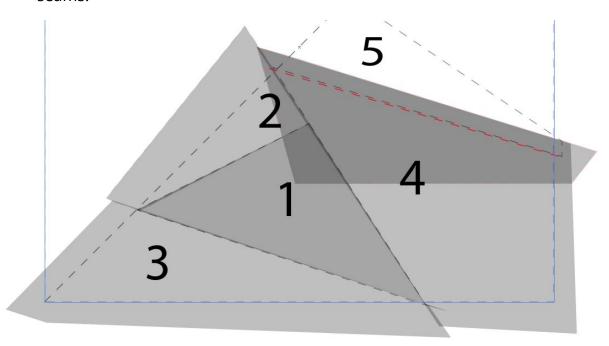
9. Place the fabric piece for patch 4 on the line between 1-2 and 4, raw edges even. Make sure it covers the number 4 area when folded out. Sew the next color. This will stitch the line between the patches just inside the previous seams.



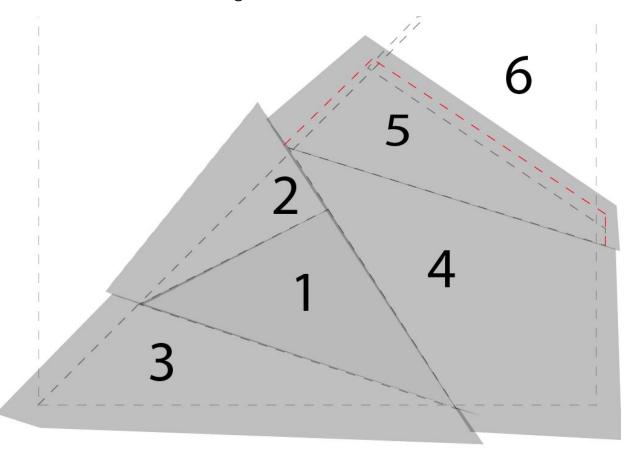
10. Fold the fabric piece down, and stitch out the next color. This will secure the patch in the hoop. Cut away excess fabric, but leave at least 3/8" (1 cm) seam allowance at the outer edge.



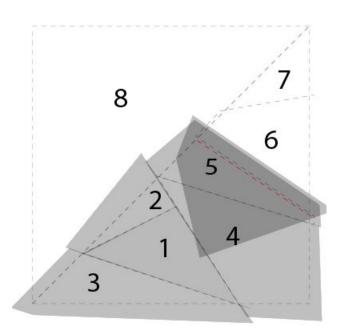
11. Place the fabric piece for patch 5 on the line between 4 and 5, raw edges even. Make sure it covers the number 5 area when folded out. Sew the next color. This will stitch the line between the patches just inside the previous seams.



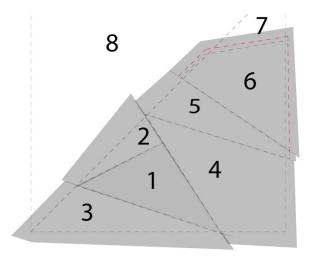
12. Fold out the fabric piece, and stitch out the next color. This will secure it in the hoop. Cut away excess fabric but leave at least 3/8" (1 cm) seam allowance at the outer edges.



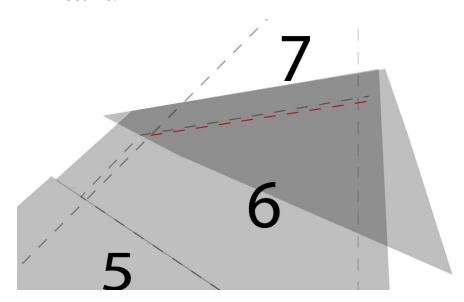
13. Place the fabric piece for patch 6 on the line between 5 and 6, raw edges even. Make sure it covers the number 6 area when folded out. Sew the next color. This will stitch the line between the patches just inside the previous seams.



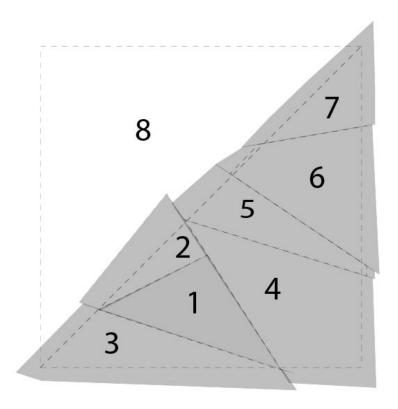
14. Fold out the fabric piece, and stitch out the next color. This will secure it in the hoop. Cut away excess fabric but leave at least 3/8" (1 cm) seam allowance at the outer edges.



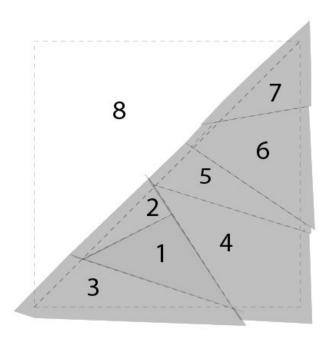
15. Place the fabric piece for patch 7 on the line between 6 and 7, raw edges even. Make sure it covers the number 7 area when folded out. Sew the next color. This will stitch the line between the patches just inside the previous seams.



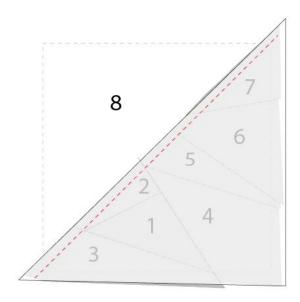
16. Fold out the fabric piece, and stitch out the next color. This will secure it in the hoop. Cut away excess fabric but leave at least 3/8" (1 cm) seam allowance at the outer edges.



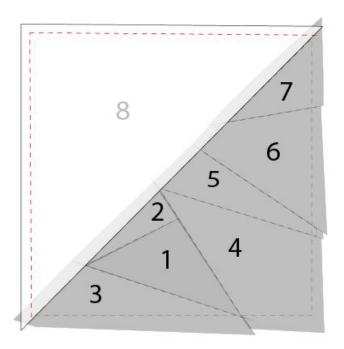
17. Cut away excess seam allowance on the diagonal line where needed, leaving about ¼" (6 mm).



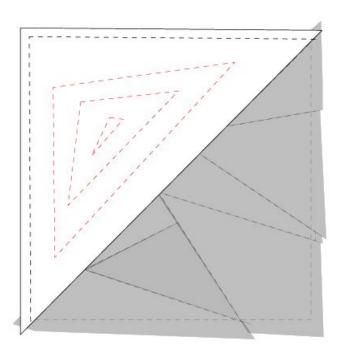
18. Place the white fabric piece for patch 8 on the diagonal line of the quilt block. The white fabric piece should extend a little outside the seam allowances from previous patches. This is to avoid the seam showing through on the white fabric. Make sure it will cover the number 8 area when folded out. Sew the next color. This will stitch the line between the patches and the white fabric piece just inside the previous seams.



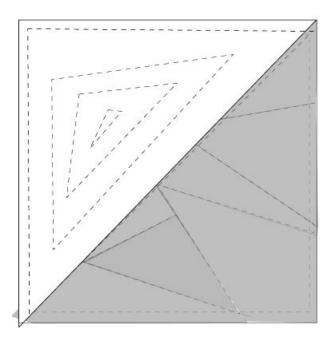
19. Fold out the fabric piece and stitch out the next color. This will secure it in the hoop. Cut away excess fabric but leave at least 3/8" (1 cm) seam allowance at the outer edges.



20. The last color is quilting. Change thread if needed and stitch out the quilting on the white fabric piece.



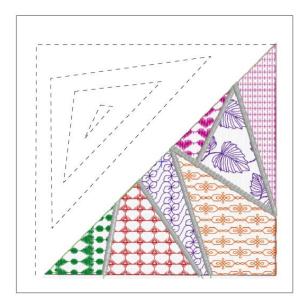
21. Unhoop the quilt block and cut out with your preferred seam, such as 3/8" (1 cm).



Put it aside for now. Make 54 blocks.

# Large, embroidered blocks

This block is completely embroidered on a black fabric piece. The embroidery is shown in different colors and with no background fabric for clarity. However, when you stitch out the blocks for the quilt, it's best to use coordinating dark gray, silver and black colors.

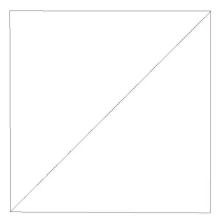


#### Make 5

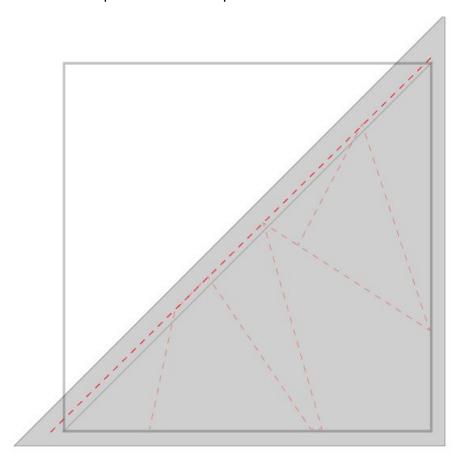
- 22. Hoop soft cut-away stabilizer or use some old fabric, like an old bedsheet.
- 23. Stitch out color 1. This will make an outline for placing the batting.



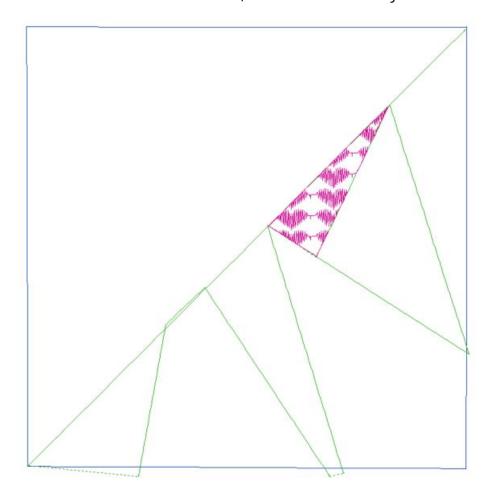
24. Place the batting in the hoop, and make sure it extends outside the stitching line on all sides. Stitch out color 2. This will secure the batting in the hoop and stitch guidelines for fabric placement. Cut away excess batting around the stitch line.



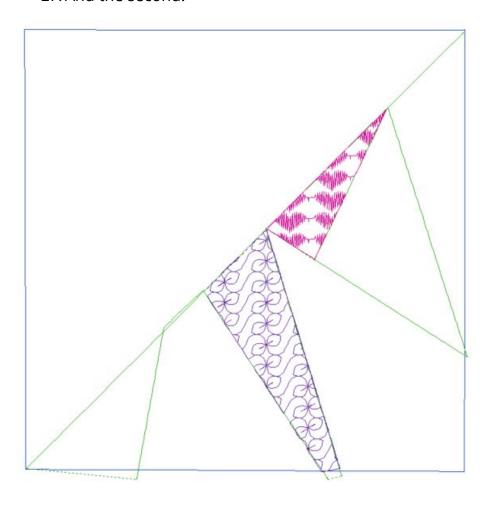
25. Place the black fabric on the lower right side of the area, right side up. Make sure it covers and extends outside the triangle shape. It should extend at least 3/8" (1 cm) at the outer edges. Stitch out the next color. It will secure the fabric piece in the hoop and stitch out the different embroidery outlines.



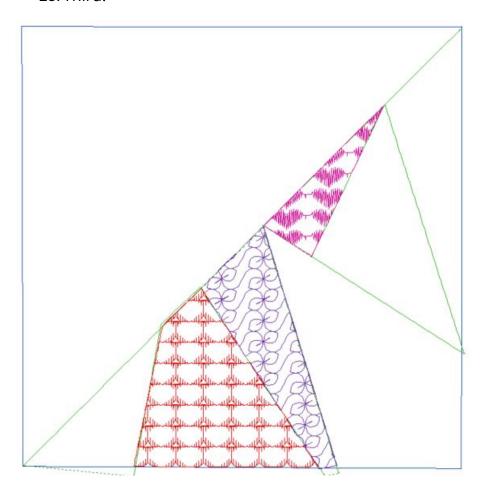
26. Stitch out the next color, the first embroidery area.



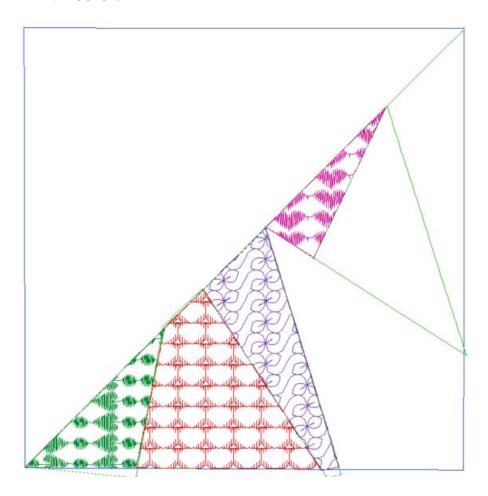
#### 27. And the second.



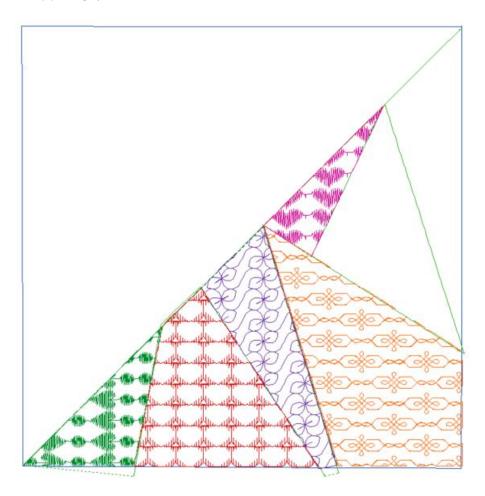
#### 28. Third.



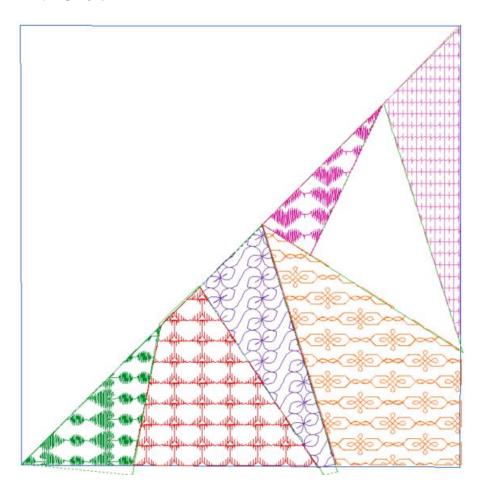
#### 29. Fourth.



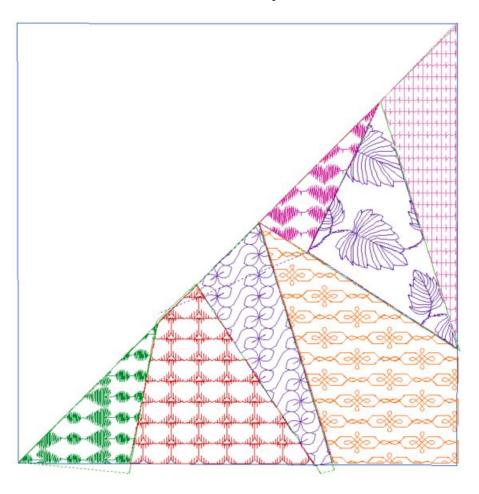
### 30. Fifth.



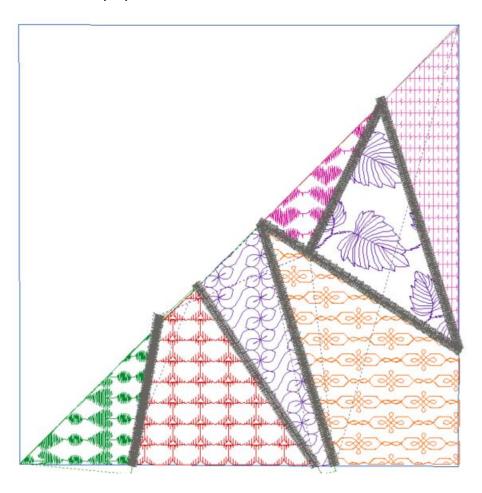
### 31. Sixth.



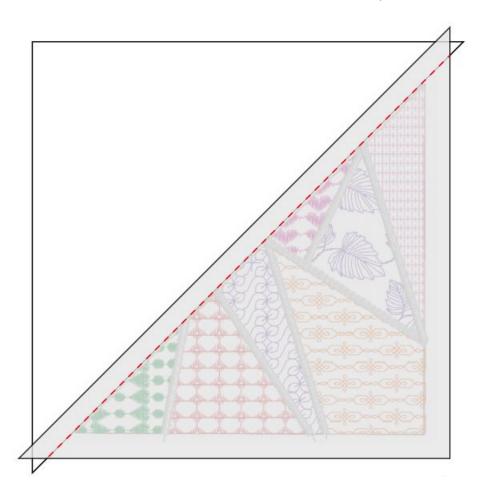
## 32. Seventh and final embroidery area.



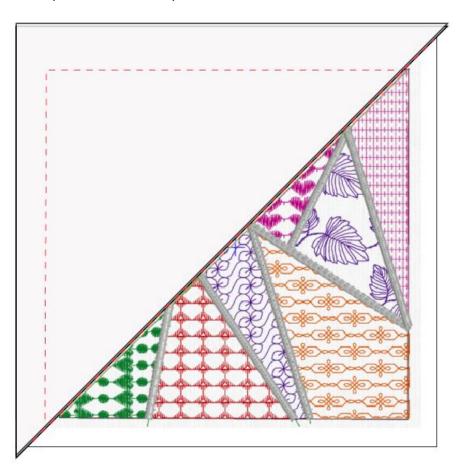
33. After the areas are embroidered, the edges will be covered by the next color (11).



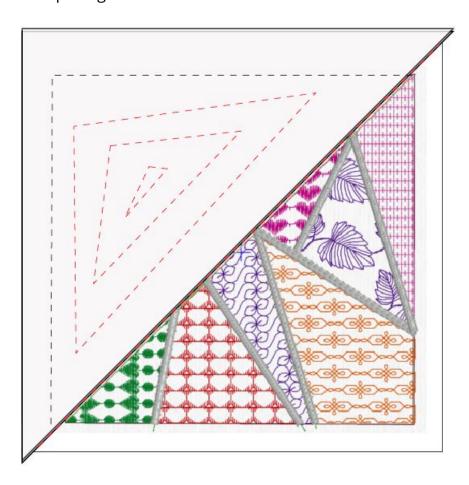
34. Add a white fabric piece on top of the embroidered part of the block, right side down. Make sure it will cover the upper part when folded out. Stitch the next color. This will sew the white fabric in place.



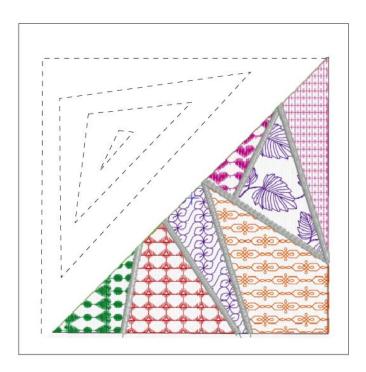
35. Fold the fabric piece out and stitch the next color. This will secure the fabric piece in the hoop.



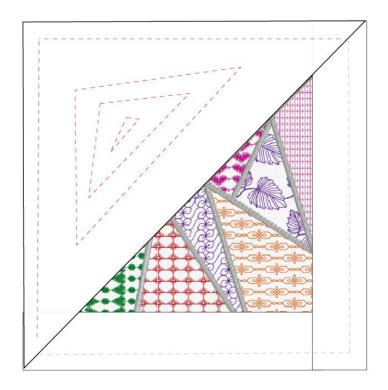
36. The next color will be the quilting. Change thread if needed and stitch out the quilting.



37. Unhoop the quilt block. Cut it out with your preferred seam allowance, such as 3/8" (1 cm).



# Embroidered accent blocks



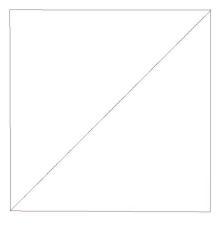
Make 4: one turquoise, golden brown, blue and purple.

These blocks are made with a centerpiece of colored fabric, which is heavily embroidered. Then, white fabric pieces are added around the embroidered piece. Finally, the white triangle piece and quilting are added. All steps are made in the hoop. In the instructions, the embroidery is shown in different colors, but when you stitch out the blocks, it's best to use fabric that is coordinated with the fabric piece.

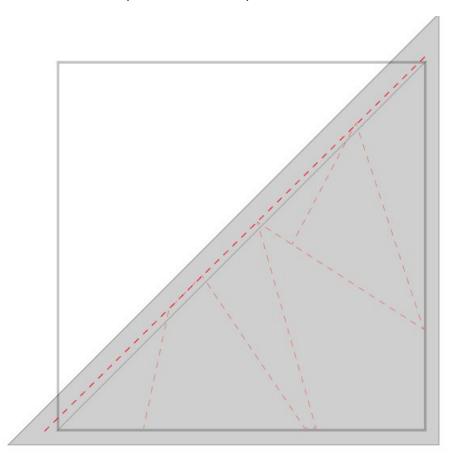
- 38. Hoop soft cutaway stabilizer or use some old fabric, like an old bedsheet.
- 39. Stitch out color 1. This will make an outline for placing the batting.



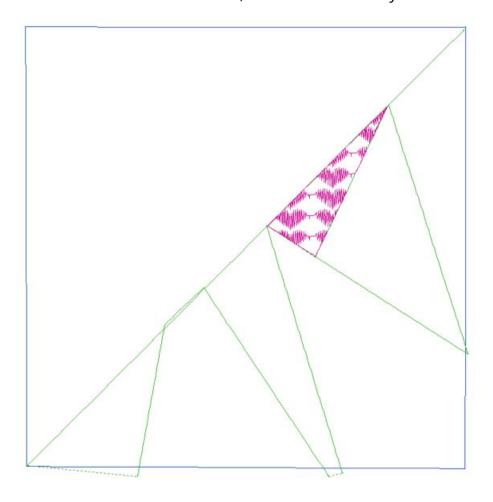
40. Place the batting in the hoop, and make sure it extends outside the stitching line on all sides. Stitch out color 2. This will secure the batting in the hoop and stitch guidelines for fabric placement. Cut away excess batting around the stitch line.



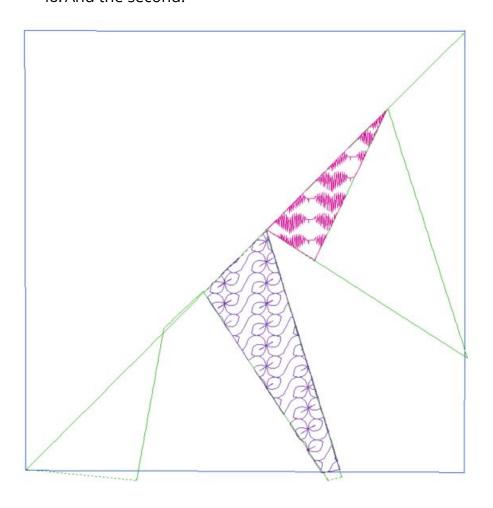
41. Place the colored fabric on the lower right side of the area, right side up. Make sure it covers and extends outside the triangle shape. It should extend at least 3/8" (1 cm) at the outer edges. Stitch out the next color. It will secure the fabric piece in the hoop and stitch out the different embroidery outlines.



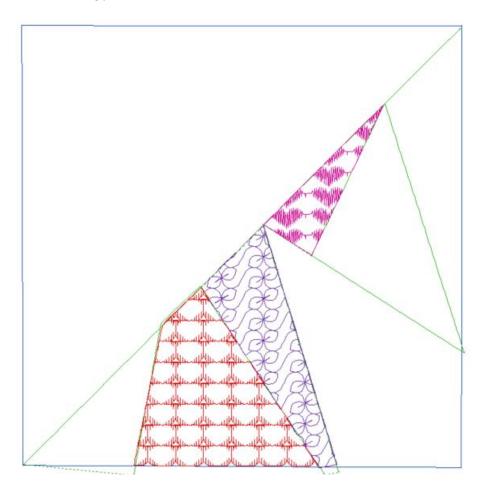
42. Stitch out the next color, the first embroidery area.



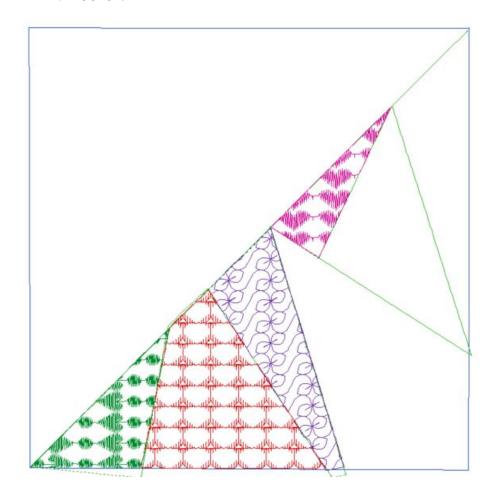
#### 43. And the second.



### 44. Third.

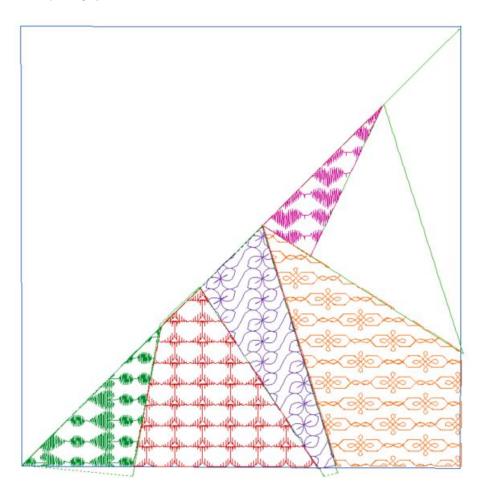


#### 45. Fourth.

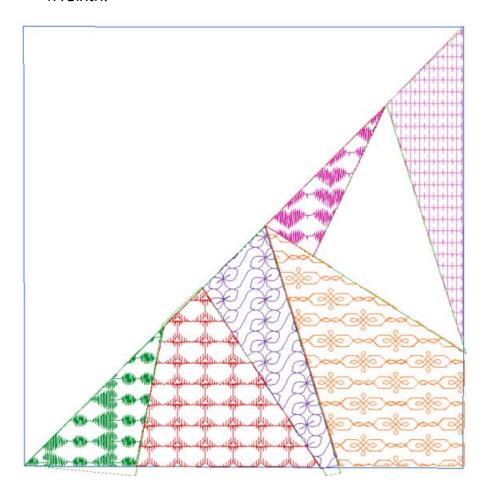


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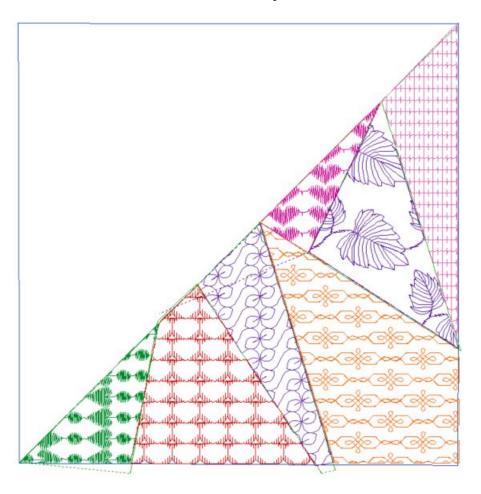
### 46. Fifth.



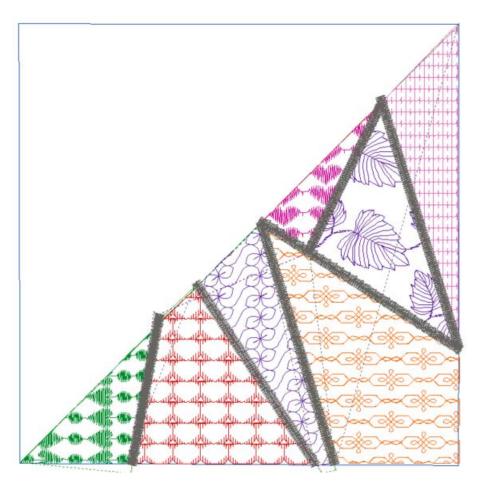
### 47. Sixth.



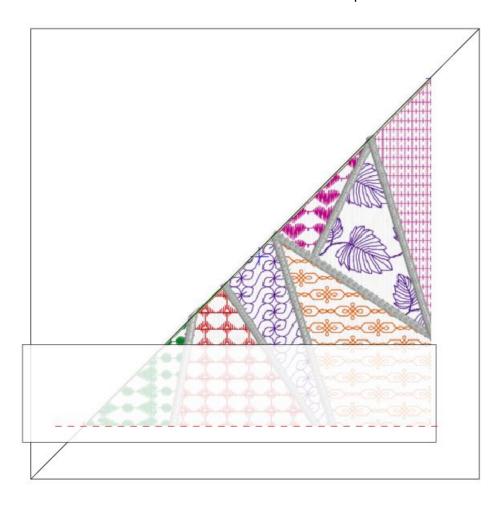
### 48. Seventh and final embroidery area.



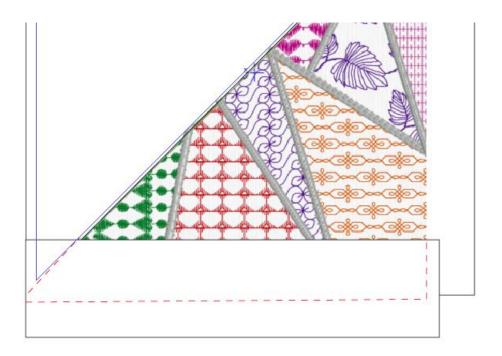
49. After the areas are embroidered, the edges will be covered by the next color (11).



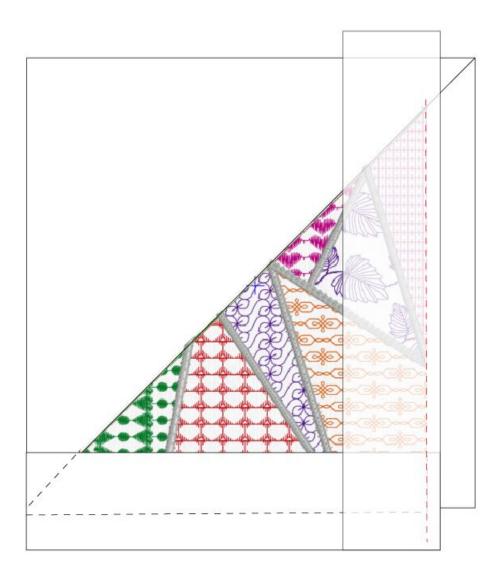
50. Add a white fabric piece on the lower edge of the embroidered part of the block, right side down. Make sure it will cover the lower part of the block and extend at least 3/8" (1 cm) outside the batting when folded out. Stitch the next color. This will sew the white fabric in place.



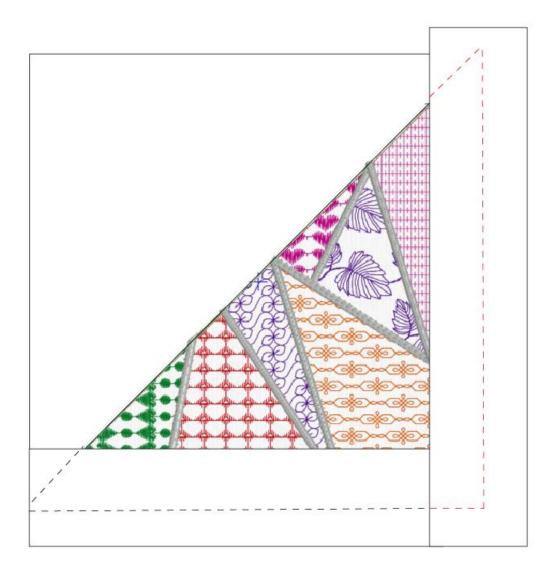
51. Fold the fabric piece out and stitch next color. This will secure the fabric piece in the hoop.



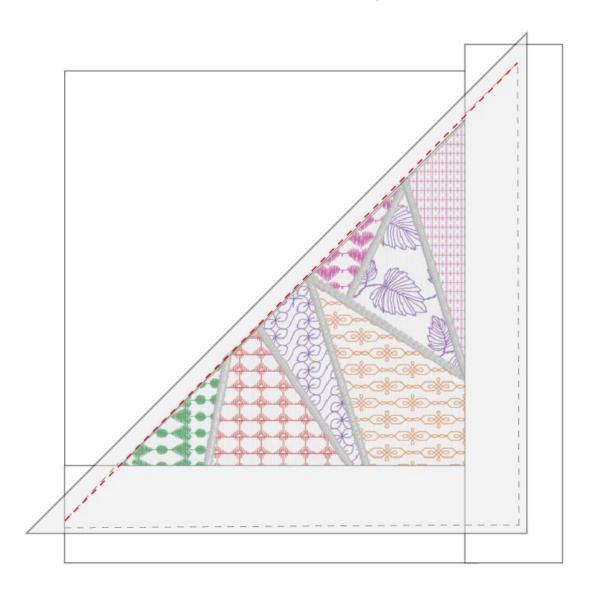
52. Add a white fabric piece on the right-side edge of the embroidered part of the block, right-side down. Make sure it will cover the right part of the block and extend at least 3/8" (1 cm) outside the batting when folded out. Stitch the next color. This will sew the white fabric in place.



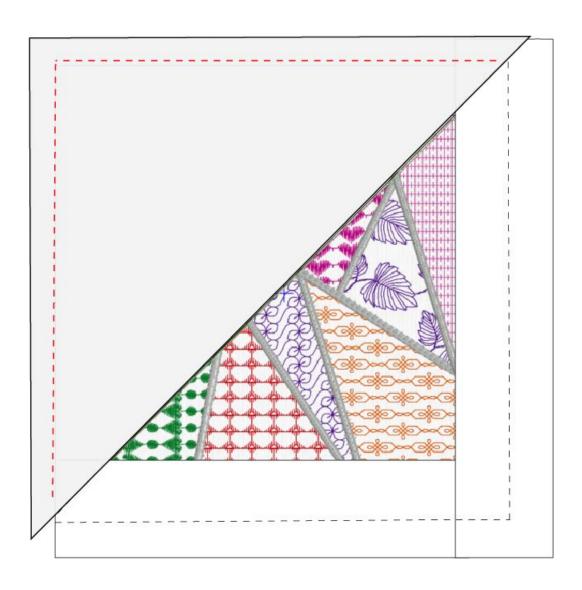
53. Fold out the fabric piece and stitch the next color. This will secure the fabric piece in the hoop.



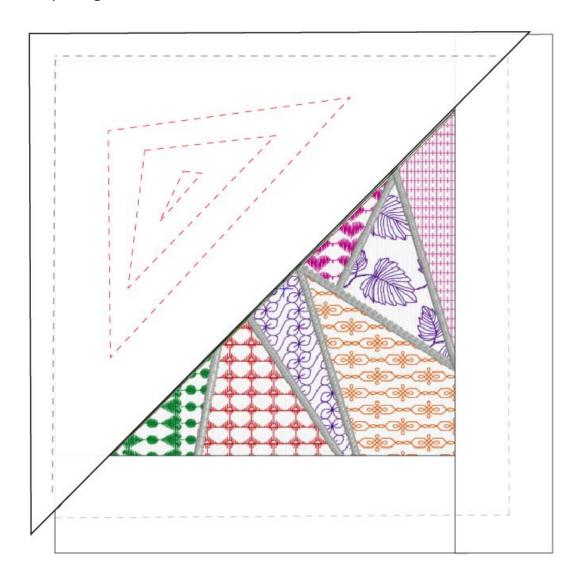
54. Add a white fabric piece on top of the embroidered part of the block, right side down. Make sure it will cover the upper part when folded out. Stitch the next color. This will sew the white fabric in place.



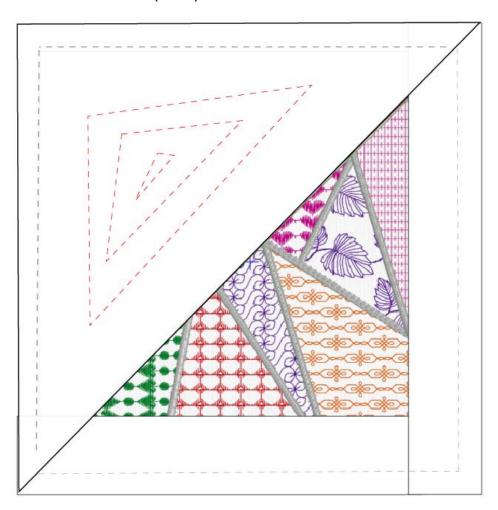
55. Fold the fabric piece out and stitch the next color. This will secure the fabric piece in the hoop.



56. The next color will be the quilting. Change thread if needed and stitch out the quilting.

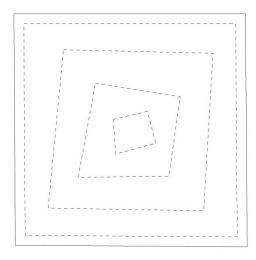


57. Unhoop the quilt block, and cut it out with your preferred seam allowance, such as 3/8" (1 cm)



# Background square block:

# Make 1



This	block is	s made	with	one	piece	of	backgr	ound	fabric.
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58. Hoop soft cutaway stabilizer or use some old fabric, like an old bedsheet.

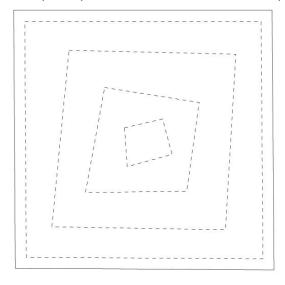
59. Stitch out color 1. This will make an outline for placing the batting.



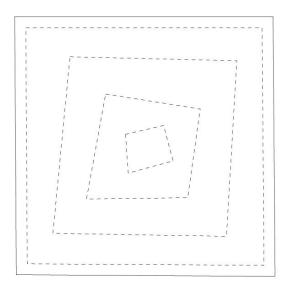
60. Place the batting in the hoop, and make sure it extends outside the stitching line on all sides. Stitch out color 2. This will secure the batting in the hoop. Cut away excess batting around the stitch line.



61. Place the background fabric piece on top of the outline for the piece, right side up. Make sure it extends outside the stitched area on all sides at least 3/8" (1 cm). Stitch out the next color (3). This will make the quilting,

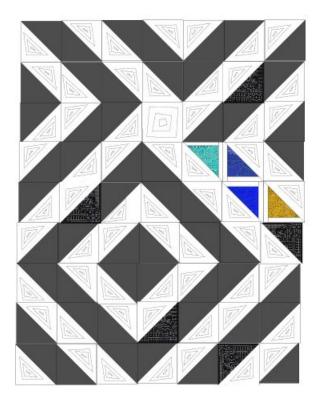


62. Unhoop the quilt block, and cut it out with your preferred seam allowance, such as 3/8" (1 cm).

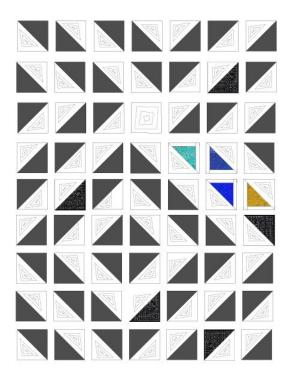


# Putting the quilt together.

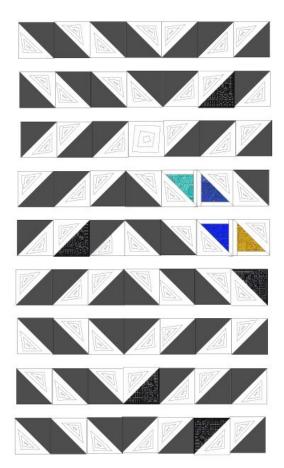
The quilt blocks are put together in rows, together with the backing. This is an easy way to complete the quilt on a household sewing machine. No need to roll and manage a bulky quilt in the machine since each section is made as you go.



63. First lay out the quilt block as shown in the layout below.



64. Sew the blocks into rows.



# Sewing the rows together with the add-backing-as-you-go technique

This technique is an easy way of making large quilts on a household machine. It's particularly well-suited for in-the-hoop blocks since they are already quilted!

Follow the instructions below to finish your quilt with this method:

#### Cutting backing pieces:

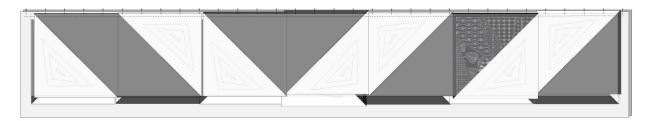
- 65. Cut out backing pieces at least 2" wider than the row pieces on all sides.
- 66. Mark the backing pieces 1-9.
- 67. The backing fabric is shown in medium gray for the right side and light gray for the wrong side in the illustrations below for better visibility.
- 68. Start with backing pieces 8 and 9. Lay them on top of each other, right sides facing and raw edges even at top.



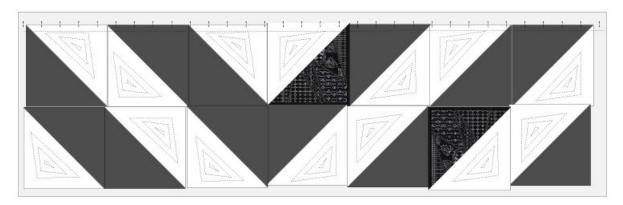
69. Place row 6 right side up on the backing pieces, raw edges even at the top.



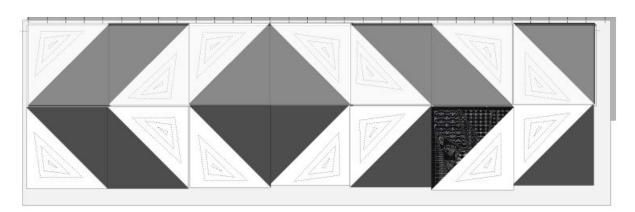
70. Place row 5 on top, right side down, raw edges even at the top. Make sure you set the orientation of the row correctly. Pin in place and sew all layers together with a 3/8" (1 cm) seam allowance.



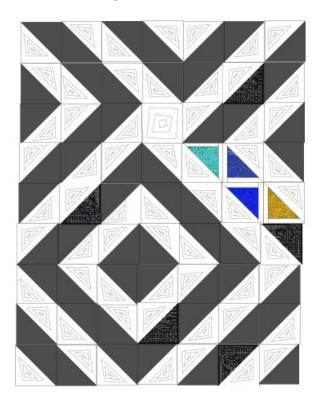
71. Fold out the backing and the rows of blocks. Press. Pin the layers together at the top, and do not overstretch the backing. Topstitch close to the edge to hold the layers together.



72. Cut away excess backing fabric at the top edge. Put backing fabric 7 on the back, right sides facing and raw edges even. Put row 7 on top of row 8, right sides together. Pin in place and sew together with a 3/8" (1 cm) seam allowance.



73. Continue to add rows and backing in the same way until the quilt is finished. Topstitch close to the edge to hold the layers together. Cut away excess backing fabric.



### Making and adding the quilt binding

- Measure the length and width of the quilt and add 10" (25 cm). This is the length of the binding strip needed.
- Cut 2" (5 cm) strips to get enough for the length needed.
- Join all the binding strips into one long strip. The easiest way to do this is simply to bring the short edges together and sew a straight seam, but there's a neater way that reduces bulk when sewing the binding to the quilt.

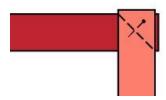
### Making the binding strip

The binding strips in the illustrations below are shown in red for better visibility. The front of the quilt is shown in gray and the back in a lighter gray.

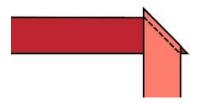
74. Put two strips on top of each other as shown in the image below, right sides facing. The short ends will go outside as shown to make the next step easier. Pin in place.



75. Draw a diagonal line from left to right as shown below:



76. Sew on top of the line and cut away excess fabric, leaving about ¼" (6 mm) seam allowance.



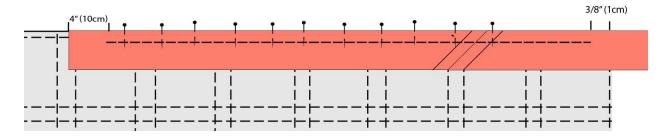
77. Press the seam allowance apart and cut away excess fabric ("dog ears").



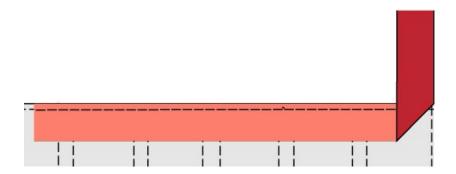
78. Repeat the steps to make one long strip.

# Attaching the binding to the quilt.

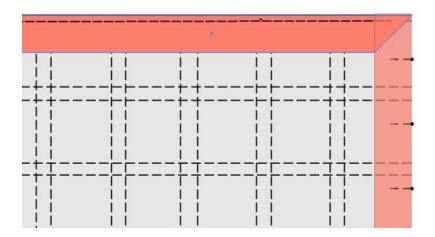
79. Place the quilt with the backing up. Start pinning the strip somewhere in the middle of a long side. Start sewing about 4" (10 cm) from the edge of the strip. This makes it easier to sew the ends together later. Stop sewing 3/8" (1 cm) from the corner. Tie off the thread. See the image below for clarity.



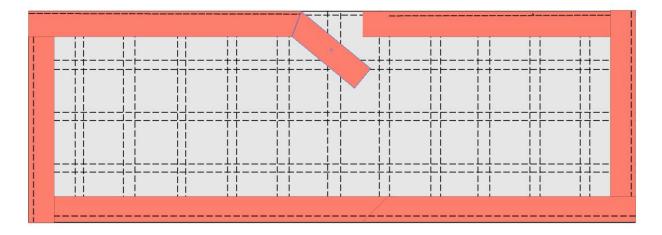
80. Time to make the first corner. Fold the strip at a right angle in the corner. It will look like this:



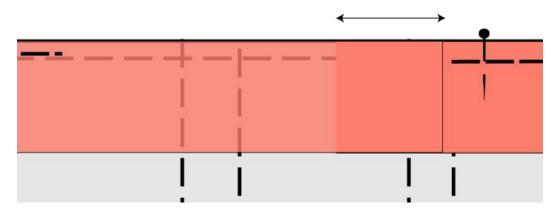
81. Now fold the strip over with the raw edge matching the next side of the quilt. It will look like this:



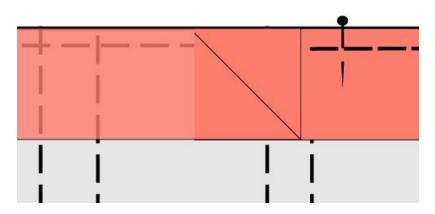
82. Sew together, starting at the edge of the quilt, and stop 3/8" (1 cm) from the next edge. Fold as you did before and continue stitching on next side. When you have made the last corner, stop sewing about 8" (20 cm) from where you started to add the binding.



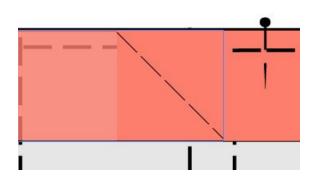
83. To join the ends, you need to let the edges overlap by 2" (5 cm). Cut away excess binding strip.



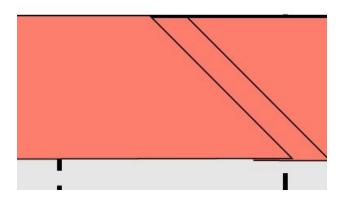
84. Draw a diagonal line (45 degrees).



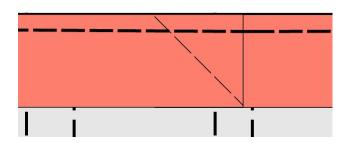
85. Bring the opposite corners up and sew together.



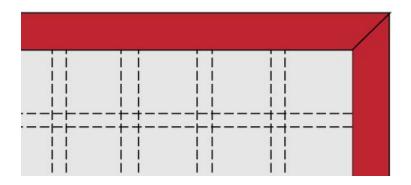
86. Cut away excess fabric, leaving a ¼" (6 mm) seam allowance.



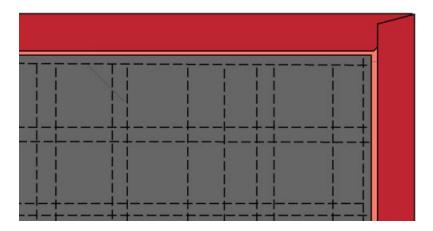
87. Press the seam allowances apart and sew the last part of the binding in place.



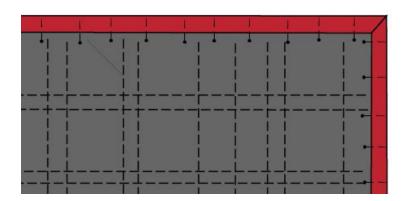
88. Press the binding towards the edge, making mitered corners (45-degree angle).



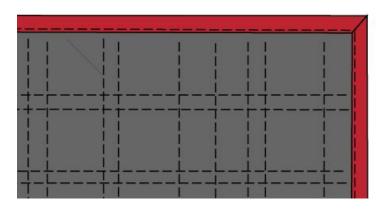
89. Turn the quilt right side up. Fold the edges of the binding towards the edge of the quilt.



90. Turn the binding in over the edge of the quilt. Fold the corners into a 45-degree angle. Pin in place.



91. Topstitch close to the inner edge of the binding.



Your quilt is now finished! Well Done!

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